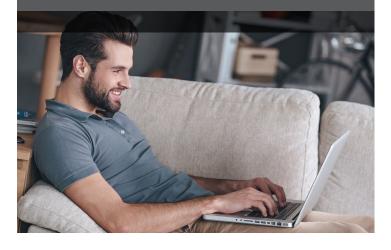


Careington International Corporation is excited to introduce you to DialCare. DialCare is a modern, convenient and easy-to-use telemedicine service.

On 03/01/2020, the telemedicine product in your [Plan Name] will transition to DialCare. All other product(s) in your plan will remain the same, and there will be no change in plan rates.

While your telemedicine product is changing, your access to state-licensed and fully credentialed doctors is not. You'll still have 24/7/365 access to doctors for non-emergency medical conditions, and will still have the option of picking up a prescription at the pharmacy of your choice when medically appropriate.



How It Works



updated Heartland Alliance of America Membership fulfillment kit. Follow the instructions in this kit to create and register your DialCare account. If you'd like to complete your registration prior to receiving your kit, call us at (855) 335-2255 for assistance.*



Log in to the DialCare member portal, and fill out a medical history for yourself and any dependents. Or, call (855) 335-2255 to complete this process by phone with the assistance of a trained DialCare representative.



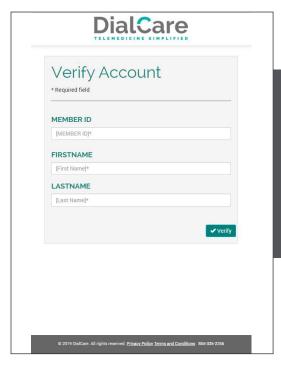
Now that you're registered, you can request a video or telephonic consult at any time — online, over the phone or through the mobile app.



A doctor will accept and perform the consult via phone or video chat.

*We can complete your registration in full by phone or provide you with your member ID number so that you can complete your registration online at **dialcare.com/verify**.



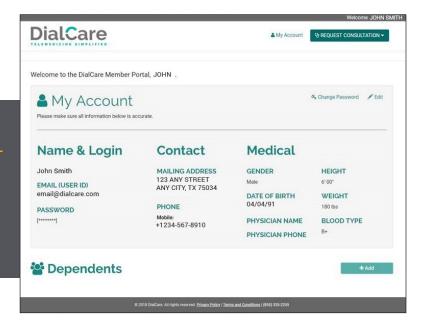


Be on the lookout for your **new Heartland Alliance of America Membership fulfillment kit.**

The kit will have instructions on how to verify your DialCare account information and create your password. You'll want to complete your registration as soon as possible so that you don't have to take the time to do so when you're already sick and needing immediate care.

You're ready to request a consultation!

Now that you're registered, consultations are just a click away. Simply log in to your DialCare portal, select "Request Consultation" and follow the steps to submit your request. You will receive a response from a doctor within two hours, guaranteed!





Please call us toll-free at **(855) 335-2255** with any questions or concerns regarding your DialCare registration.

Disclosure: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance.