PRIORITIZE WELLNESS MAKING YOUR HEALTH OUR PRIORITY.



WHO WE ARE

Welcome to Prioritize Wellness. We are a health and wellness resource focused on empowering our members to live their healthiest life. Because research has proven that healthy diet and lifestyle habits help prevent disease, we are focused on teaching our members about preventative health measures and about everyday, sustainable wellness. At Prioritize Wellness, we post relevant content about nutrition, fitness, sleep, stress management, and supplementation. We care about making wellness accessible and affordable, so we have partnered with top wellness companies to bring our members exclusive, money saving discounts. We are constantly growing and adding more resources that benefit the lives of our members. We exist to add value to healthcare related groups and associations, and we hope to be a resource that adds value to what you provide to your members.

Sincerely,

Prioritize Wellness

MEMBER LOGIN

Each member has their own personal login that allows them to access **member only** pages of Prioritize Wellness.



Log In New to this site? Sign Up
Email
Password
Forgot_password?
Log in

MEMBER BENEFITS

Once logged in, members have access to relevant wellness content that we provide.



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Lower Inflammation with Turmeric

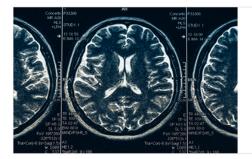
Turmeric is a powerful herb that although used in middle eastern cultures for thousands of years, has only recently become popularized in the modern American culture. It's recent fame has been due to...



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How To Incorporate Micronutrients

When it comes to nutrition, it is common for many to only focus on the 3 macronutrients: fat, carbohydrates, and protein. What many do not know is that micronutrients are as important as...



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All About BDNF + How to Boost It

BDNF is an acronym that stands for "brain neurotropic growth factor." BDNF is a protein that is inside nerve cells. It's function is to promote the growth, maturation and longevity of these nerve...



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Reduce Your Diabetes Risk

More than 100 million Americans have been diagnosed with diabetes, and one in three Americans have pre-diabetes. Diabetes is a group of diseases in which the body's ability to produce or respond to the hormone insulin is impaired. Ann Albright, PhD., RD....



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Delicious Protein Pancakes

Do you love pancakes, but don't want to compromise your healthy diet? Well that's no problem because we've got you covered with this new delicious Pancake recipe. The best part is that they're high in protein and very low in sugar and fat. Ingredients 3...





Is the Ketogenic Diet For You?

In the recent years, the ketogenic diet has been at an all-time height in popularity. This diet, often refereed to as the "keto" diet, consists of high fat, high quality protein and is very low in carbohydrates. The basis of this diet is that through the consumption of high fat...

PRIORITIZE WELLNESS PARTNERS

A part of our mission as Prioritize Wellness has been to make wellness **accessible** and **affordable**. That's why we have partnered with like-minded brands to bring our members high-value discounts to lower the cost of wellness related goods and services.

WE ARE PROUD TO PARTNER WITH:



BENEFIT DETAILS:



Swanson Vitamins is an online health food store with low prices and a money back guarantee. They have discounted supplements, natural health products and healthy food. **Prioritize Wellness members have access to 20% off and free shipping on every order over \$50.**



EverlyWell makes lab tests easy, with 30+ at home testing kits that do not require a doctors order. From fertility tests to food sensitivity tests, EverlyWell makes lab testing convenient and discrete. They offer free shipping straight to your door, and all tests are reviewed by a doctor and sent to your mobile device within days. **Prioritize Wellness members have access to 10% off any lab test at any time.**

Audicus

Audicus is an online hearing resource that provides online audiology tests, discounted, direct-to-consumer hearing aids and online support. In addition to the average \$1,000+ savings that Audicus customers receive in comparison to traditional audiology and hearing aids, **Prioritize Wellness members will receive 10% off their purchase with Audicus**.

6 DAILY BURN

Daily Burn is an online fitness and nutrition resource with over 1,000 archived instructional workout videos. Whether you have 10 minutes or an hour to work out, Daily Burn can help you get in shape on the go. Prioritize Wellness members have access to a free month trial of Daily Burn, and 15% their monthly program for a year.

BENEFIT DETAILS:



Talk Space is an online counseling program that helps people with mental wellness by connecting them with a licensed therapist. Talk Space is completely confidential and allows members to communicate via text with their therapist. **Prioritize Wellness members receive \$35 off of their first month of therapy with Talk Space.**

SAKARA Eat clean eat whole

SmartBuyGlasses

Sakara is a food delivery system that specializes in home delivery of healthy, organic, non-gmo and vegan food that promotes healthy weight and overall, full body health. **Prioritize Wellness members receive 15%** off their meal delivery order as a new customer.

Smart Buy Glasses is an online store with discounted designer frames at the lowest possible price. **Prioritize Wellness members have** access to 10% off any purchase with Smart Buy Glasses.



The Feed in an online store that sells workout related foods for athletes. **Prioritize** Wellness members receive an exclusive 10% off of every purchase they make.



24 Hour Fitness is one of Americas top gyms with over 400 clubs in 13+ states. With a Prioritize Wellness membership, there is a link provided that allows access to a guest pass.

BENEFIT DETAILS:

BackJoy

Back Joy is a company that specializes in back orthotics that helps reduce pain by correcting and improving posture. **Prioritize Wellness members receive 15% off their purchase of \$35+.**



Orig3n is a company that provides DNA lab testing. From fitness, to nutrition and even personality, Orig3n's lab tests help people make informed decisions that support their bio-individuality. **Prioritize** Wellness members receive 10% off any DNA test with Orig3n.



Personal Labs is a company that provides lab testing with no doctor order requirements. With access to thousands of tests and results that are ready in two days, Personal Labs is a great choice for lab testing. **Prioritize Wellness members get 10% off every Personal Labs purchase.**

evitamins[®]

E-Vitamins is an online vitamin retailer with everyday, discounted prices on top supplement brands. **Prioritize Wellness members have access to 10% off any E-vitamins purchase over \$50.**



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SIMPLE, HEALTHY & DELICIOUS

PRIORITIZE WELLNESS MEAL PLANS

prioritizewellness.com