23 years ago our founder, Dr. Tony Dale, was misled on the cost of his knee surgery. He took control and negotiated his medical bill down to a fair amount. Ever since then, we've been helping others do the same.

Karis Cost Containment Services







Karis Healthcare Navigator®

A concierge-style navigation service guiding members through a confusing healthcare system and driving cost savings while ensuring quality care.

Karis Bill Negotiator®

A bill negotiation service employing a unique strategy consisting of direct negotiation, reference-based repricing, and financial aid assistance to drive savings.

Since 2007, we have reduced bills by 44%, saving \$384 Million +

Ready to take Control?

1. Schedule an introductory call

2. Collaborate to assess needs

3. Develop a custom plan4. Execute together

Visit www.thekarisgroup.com to get started