

Complementary & Alternative Medicine

More and more people today are exploring complementary and alternative medicine (CAM) services to maintain health and wellness. This program helps members save 20% on CAM services.

CAM Services Include:

- Acupuncture
- Chiropractic Care Massage Therapy
- Nutritional Counseling
- Meditation / Relaxation
- Naturopathy



Sample Savings

Product / Service	Avg. Price	You Pay*	Savings*	% Saved
Massage Therapy	\$60.00	\$48.00	\$12.00	20%
Acupuncture	\$85.00	\$68.00	\$17.00	20%
Yoga Session	\$62.50	\$50.00	\$12.50	20%
Personal Training Session	\$70.00	\$56.00	\$14.00	20%

*These are examples only. Savings will vary by procedure, provider and geographical area.