

Marquee Health

Marquee Health's team of consultants assist Association members in providing wellness-related promotion and communication with the goal of driving maximum awareness to the wellness program.

Core Plan Design Program Summary

- **Health Coaching** - Telephonic and technology-enabled health coaching is available to all participants on an unlimited basis. The programs are guided by or National Board Certified Health & Wellness Coaches (NBC-HWC) and provide participants with the tools, resources and instruction to achieve their optimal well-being and health goals. Coaching is available in English and Spanish.
- **Wellness Portal** - The Marquee Health portal, which allows for client-level customization offers the opportunity for the integration and promotion of other member benefits. For easy access, the portal is offered in a desktop and mobile app version and members can view content in English and Spanish.
- **Digital Education** - Through the Marquee Health portal, members will have access to monthly newsletters, monthly webinars, weekly videos series, wellbeing blog and interactive toolkits.

Coaching Topics

- Weight management
- Tobacco cessation
- Diet and nutrition
- Pre- and postnatal health
- Heart health
- Improved sleep
- Physical activity

ADDITIONAL FEATURES

- Discounted gym/nutrition membership programs
- Quarterly trend reporting
- Scheduled video and web chat consultation via eConnect® Platform



MARQUEE
HEALTH

All benefits are a-la-carte!

The products and services listed are a representation of the discounts and some of the providers available which may change from time to time.